

2026-2028 AIRDRIE FAMILY & COMMUNITY SUPPORT SERVICES (FCSS) MULTI-YEAR FUNDED PROGRAMS

AGENCY INFORMATION	MULTI-YEAR PROGRAM
Airdrie Food Bank 20 East Lake Way, Airdrie, AB, T4A 2J3 Phone: 403-948-0063 Email: info@airdriefoodbank.com Website: www.airdriefoodbank.com	<u>Network Navigator</u> Provides resources, information, and referrals to people when they need it most. Broadly, the target audience of this program is Airdronians experiencing food insecurity - an issue that is a symptom of diverse and complex circumstances. More specifically, the target audience of this program includes: adults, seniors, newcomers, and community members with disabilities. The long-term outcomes this program aims to achieve are: quicker resolution to challenges for community members, a more connected community, and an opportunity to build an authentically connected referral network. Aligns with FCSS Strategy, and Provincial Priority: Information and Referrals
Big Brothers and Big Sisters of Calgary and Area 5945 Centre Street S, Calgary, AB T2H 0C2 Phone: 403-771-4340 Email: airdrie@bigbrothersbigsisters.ca Website: www.bbbscalgary.ca	<u>Community Mentoring in Airdrie</u> Community Mentoring is BBBS's flagship program, which matches a volunteer mentor with a child or youth between the ages of 6 and 24 who is facing adversity and is in need of an additional, supportive adult relationship. In this context, children and youth strengthen their social-emotional competencies and executive functioning skills, developing into resilient young people who are able to overcome life's adversities and ultimately, to thrive. The goal of the Community Mentoring program is to facilitate a Developmental Relationship between a child or youth facing adversity and a caring adult mentor. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Mental Health and Addictions
Big Brothers and Big Sisters of Calgary and Area 5945 Centre Street S, Calgary, AB T2H 0C2 Phone: 403-771-4340 Email: airdrie@bigbrothersbigsisters.ca Website: www.bbbscalgary.ca	<u>Teen Mentoring in Airdrie</u> BBBS Calgary's Teen Mentoring program matches children who are in need of additional supports with a caring teen mentor in a school setting. Matches meet on school premises once per week during the school year and take part in activities that promote curiosity, intellectual growth, problem-solving, and fun. The program provides a range of benefits for both the teen mentors and their younger mentees, including growth in social-emotional learning, relationship skills, leadership, and communication. The goal is to increase social connections and provide a supportive mentoring relationship for children facing challenges, which leads to improvements in social-emotional learning and executive function. The program also provides meaningful opportunities for teens who wish to increase their connection with their community, gain volunteer experience, and bolster their leadership skills. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Mental Health and Addictions
BGC Airdrie 200 East Lake Crescent, Airdrie, AB T4A 2H7 Phone: 403-948-3331 Email: info@bgcairdrie.com Website: www.bgcairdrie.com	<u>Children's Programs</u> Children's Critical After School and Evening Programs target and support children aged 5-9, focusing on healthy physical, social, and emotional development while working to increase protective factors for children. Using social emotional learning and SAFE (Sequenced, Active, Focused, Explicit) programming principles, as well as the 40 Developmental Assets, ACE and BCES theory of trauma informed care, our programs provide a safe and inclusive environment where children from all backgrounds and abilities can belong. In collaboration with community partners, staff, and volunteers, BGCA strives to provide a space where opportunity changes everything, and are committed to supporting the healthy development of children by offering structured programs during the critical after-school and evening hours. Aligns with FCSS Strategy: Youth and Child Development, and with Provincial Priority: Mental Health and Addictions

2026-2028 AIRDRIE FAMILY & COMMUNITY SUPPORT SERVICES (FCSS) MULTI-YEAR FUNDED PROGRAMS

AGENCY INFORMATION	MULTI-YEAR PROGRAM
BGC Airdrie 200 East Lake Crescent, Airdrie, AB T4A 2H7 Phone: 403-948-3331 Email: info@bgcairdrie.com Website: www.bgcairdrie.com	<u>Critical Hours Youth and Evening Programs</u> Critical Hours Youth and Evening Programs aim to support all youth ages 10-17 by promoting connection and social-emotional well-being. These programs provide a safe, supportive space during after-school hours, helping to strengthen self-esteem, confidence, leadership, interpersonal skills, and life skills—all while remaining affordable. To increase accessibility and engagement for all Airdrie and area youth aged 10-17, the Critical Hours Youth and Evening Programming focuses on building protective factors, strengthen and enhance resilience, and enhancing social supports and interpersonal relationships. It provides youth with opportunities to overcome barriers, experience new challenges, and develop confidence and life skills. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Mental Health and Addictions
BGC Airdrie 200 East Lake Crescent, Airdrie, AB T4A 2H7 Phone: 403-948-3331 Email: info@bgcairdrie.com Website: www.bgcairdrie.com	<u>Diverse Youth Engagement and Outreach</u> The DYEO program supports diverse youth aged 10 - 20 with program and service navigation that supports their short- and medium-term needs while building critical skills and competencies to support the successful transition to adulthood. The program will feature three distinct elements: resource navigation, skill-building, and outreach. The program seeks to address short- and medium-term needs in youth via supported referral and service navigation, and support long-term success by developing skills and competencies vital to a smooth transition to adulthood. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Mental Health and Addictions
Centre for Sexuality Suite 700, 1509 Centre Street SW Calgary, AB, T2G 2E6 Phone: 403-283-5580 Email: generalmail@centreforsexuality.ca Website: www.centreforsexuality.ca	<u>Girls Program</u> The Girls Program is a dynamic and participatory, school and community-based program designed to empower pre- and early adolescent girls (grades 4-9) by equipping them with essential knowledge, and social and emotional skills needed to navigate interpersonal relationships, build a positive self-concept, and strengthen overall personal well-being, thereby supporting their transition into confident and empowered young women. Grounded in a health promotion framework, the program integrates social-emotional learning to address the social, emotional, and developmental needs and strengths associated with puberty and identity formation. By fostering resilience and well-being, the program empowers girls to thrive and develop into strong, confident women. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Family and Sexual Violence
Centre for Sexuality Suite 700, 1509 Centre Street SW Calgary, AB, T2G 2E6 Phone: 403-283-5580 Email: generalmail@centreforsexuality.ca Website: www.centreforsexuality.ca	<u>Relationship and Sexual Health Education</u> Relationship and Sexual Health Education (RSE) is designed for youth in grades 7-12 enrolled in public and some private/charter schools. The program offers youth the opportunity to gain knowledge, understanding, and skills to cultivate positive attitudes towards sexuality, explore gender and identity development, enhance and maintain high quality interpersonal relationships with friends, family, peers, and romantic partners, and achieve healthy development milestones now and in the future. It incorporates core and interconnected domains related to social wellbeing: sexual and reproductive health promotion and education; healthy and respectful relationships education, and violence prevention and consent skills promotion. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Family and Sexual Violence

2026-2028 AIRDRIE FAMILY & COMMUNITY SUPPORT SERVICES (FCSS) MULTI-YEAR FUNDED PROGRAMS

AGENCY INFORMATION	MULTI-YEAR PROGRAM
Fear is Not Love 500, 1509 Centre Street S Calgary, AB, T2G 2E6 Phone: 403-472-0395 Email: info@fearisnotlove.ca Website: https://fearisnotlove.ca/	<u>Men &</u> Men & is a gender responsive men's mental, emotional, and relational wellbeing engagement strategy. Men & provides concrete tools and resources to support and improve men's mental and relational health. Men & is comprised of: digital strategy, national resource map, connection to traditional service elements (men's counselling/family violence prevention), culturally relevant engagement initiatives, Card in Every Community Strategy, 24-hour mensline and growing network. The goals: improve the emotional and relational health of men in Airdrie by providing accessible, practical, and culturally relevant tools and support; Men will have increased connection to resources that will support them to make healthier relational choices; Men increasingly create safety in their families and the community. Ultimately, they will experience a reduction in incidents of family violence and abuse, and an increase in respectful behaviour. Aligns with FCSS Strategy: Capacity to Meet Need Aligns with Provincial Priority: Family and Sexual Violence OR Mental Health and Addictions
North Rocky View Community Links 211, 125 Main Street NW, Airdrie, AB T4B 0P7 Phone: 403-945-3900 Email: info@nrvc.ab.ca Website: www.nrvc.ab.ca	<u>Counselling Services</u> By providing positive mental health supports and connections for children, youth, adults, and families while increasing their sense of well-being and their skills to manage significant life events, Counselling Services can assist in strengthening the community as a whole. The goal is to improve social well-being of individuals by providing services to support residents to navigate challenging life events and transitions through building resilience, increasing their skills to problem solve and to increase their confidence to take action to improve their lives. Aligns with FCSS Strategy: Capacity to Meet Need Aligns with Provincial Priority: Mental Health and Addictions
North Rocky View Community Links 211, 125 Main Street NW, Airdrie, AB T4B 0P7 Phone: 403-945-3900 Email: info@nrvc.ab.ca Website: www.nrvc.ab.ca	<u>Family Resource Program</u> Supports parents/caregivers with their children/youth. This approach will enhance the adult's knowledge, confidence, and positive parenting capacity to create an optimal environment for children to thrive while simultaneously building child/youth critical social/emotional skills and capacities. A key aspect of programming will be creating an opportunity for family members to connect and support one another to establish natural supports in the community. Supporting family members to be knowledgeable, confident, and skilled, will strengthen family relationships and increase their ability to manage significant life events and transitions, creating families who are more resilient and have healthier mental health and well-being. Aligns with FCSS Strategy: Capacity to Meet Need Aligns with Provincial Priority: Mental Health and Addictions

2026-2028 AIRDRIE FAMILY & COMMUNITY SUPPORT SERVICES (FCSS) MULTI-YEAR FUNDED PROGRAMS

AGENCY INFORMATION	MULTI-YEAR PROGRAM
North Rocky View Community Links 211, 125 Main Street NW, Airdrie, AB T4B 0P7 Phone: 403-945-3900 Email: info@nrvc.ab.ca Website: www.nrvc.ab.ca	<u>Information and Referral Program</u> Provides information, supported referrals and system navigation to connect community members to appropriate natural, community and government supports to ensure they have access to services and supports to navigate life events now and build resilience to address future events. The goal is to improve individual well-being by providing community members with information, supported referrals and system navigation to ensure they are aware of and know how to access necessary programs and services to increase their ability to take action to improve their lives. Aligns with FCSS Strategy, and Provincial Priority: Information and Referrals
Variety – The Children’s Charity of Alberta 1517, 246 Stewart Green SW, Calgary, AB T3H 3C8 Email: info@varietyalberta.ca Website: https://varietyalberta.ca/	<u>Just Like You Disability Awareness Diversity Acceptance Education Program</u> The Just Like You program is a disability awareness and diversity acceptance education initiative designed to help children better understand and appreciate differences among people, particularly those living with disabilities. The purpose of the program is to foster empathy, inclusion, and respect by teaching students that while some people may look, move, or communicate differently, we all share common experiences and emotions — and we are all just like you in many ways. Aligns with FCSS Strategy: Youth and Child Development Aligns with Provincial Priority: Mental Health and Addictions