

WASTE reduction

WEEKLY MEAL PLAN

WEEK OF: _____

MONDAY

TUESDAY

WEDNESDAY

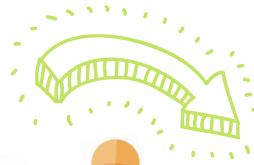
THURSDAY

FRIDAY

SATURDAY

SUNDAY

NOTES



GROCERY LIST

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