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## Five New Sports Added to Extreme FX

AIRDRIE, ALBERTA –Space is filling fast for the fourth annual Extreme FX event May 15 at Genesis Place. It seems the male youth of Airdrie, aged 9-14, are excited to try out the five new activities added to this year’s event including Muay Thai, Tumbling & Trampoline, Track Attack, Tennis, and Bring Your Swing; a portable batting cage.

This one-day event, aimed at promoting and supporting healthy, active lifestyles is offered at a nominal cost of \$10/participant and includes not only the activities but lunch, snacks and prizes. Extreme FX offers an opportunity to try some new sports participants would likely otherwise not have experienced, especially not with this much variety for such a low cost. Other activities on the slate for this year include Aussie Rules Football, Lacrosse, and Hip Hop Dance.

“Trying a new sport can be costly and intimidating, so this gives boys an opportunity to try out a number of sports at a fraction of the cost. If they find they like one, then they can pursue it further,” says Robbie White, Youth Developer, City of Airdrie.

Extreme FX is organized by Airdrie and area community partners including the City of Airdrie, Boys and Girls Clubs of Airdrie, Big Brothers and Big Sisters of Airdrie and North Rocky View Community Links. It is made possible by the generous financial support of the Airdrie Optimist Club and Airdrie and District Youth Justice Committee as well as in-kind and product donations from Condillo Foods Ltd, Airdrie Co-op, Mr. Sub, Extreme Pita, McDonald’s and Canadian Tire.

When Extreme FX started in 2007, over 60 youth boys attended. That number has now grown as the event hopes to attract 100 youth to the 2010 event. A similar event is held for young women, called Go Girl, is held annually in November.

Register by May 10 online at [www.airdrie.ca](http://www.airdrie.ca); by calling 948-8804, or in person at Genesis Place. For more information visit [www.airdrie.ca](http://www.airdrie.ca) or e-mail [extremefx.airdrie@gmail.com](mailto:extremefx.airdrie@gmail.com)

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